

## **PCAZ Conducts Training-of-Trainers Courses for Zambian Healthcare Professionals**

Twinning Center partners at the Palliative Care Association of Zambia (PCAZ) are helping expand hospice and palliative care services by training caregivers and identifying key elements of palliative care that can be integrated into home-based care.

With support from USAID, PCAZ recently hosted two training and advocacy workshops in Lusaka for 26 representatives from Care International's home-based program, district health management teams, cancer hospitals, the University Teaching Hospital, Human Service Trust Hospice, and SHARE.

Held May 28-June 1, the first training focused on introducing new concepts in hospice and palliative care, including latest developments in Africa and various models of service delivery. Other topics covered include personal awareness of death and dying, assessing pain in adults and children, pain management, pain and symptom management for PLWH, and communicating effectively with terminal patients and their families. Participants also worked with patients to put their new knowledge into practice.

Conducted July 15-22, the second workshop focused on pediatric care and preparing participants to provide palliative care training to other caregivers.



Home-based care providers gained skills in palliative care and advocacy at two PCAZ workshops held in this spring and summer in Lusaka, Zambia.